**Information for Dads**



As found on the Moira Shire Council website>Residents>Maternal and Child Health>Programs and Services>Information for Dads

A child’s welfare and development benefits when fathers take an active and positive role in the care and nurturing of their families.

Here are some resources to support dads in their important role:

|  |  |
| --- | --- |
| **Topic** | **Links** |
| Congratulations you're a dad | [New Baby Manual for Dads](http://www.relationshipsvictoria.com.au/assets/PDFs/centcarebabymanual.pdf) - https://www.relationshipsvictoria.com.au/assets/PDFs/centcarebabymanual.pdf |
| Blogs | [Best Aussie Daddy Bloggers Down Under](https://www.facebook.com/AussieDaddyBloggers) - https://www.facebook.com/AussieDaddyBloggers |
| Aboriginal and ATSI Resources | [I’m An Aboriginal Dad](https://healthinfonet.ecu.edu.au/key-resources/programs-and-projects/430/) - https://healthinfonet.ecu.edu.au/key-resources/programs-and-projects/430/  [Aboriginal and Torres Strait Islander Dads](https://raisingchildren.net.au/guides/first-1000-days/resources-for-Aboriginal-and-Torres-Strait-Islander-parents/indigenous-dads) - https://raisingchildren.net.au/guides/first-1000-days/resources-for-Aboriginal-and-Torres-Strait-Islander-parents/indigenous-dads  [Learning About Being A Father](https://wydac.org.au/home/strong-fathers-aaron-patrick/) - https://wydac.org.au/home/strong-fathers-aaron-patrick/ |
| Apps | [SMS4dads](https://www.sms4dads.com/) - https://www.sms4dads.com.au/  [What Were We Thinking?](http://jeanhailes.org.au/what-were-we-thinking/discover-our-app) - https://www.jeanhailes.org.au/what-were-we-thinking |
| Men's Health Resources | [Raising Children - Fathers](http://raisingchildren.net.au/fathers/fathers.html) - https://raisingchildren.net.au/grown-ups/fathers  [Dadvice for new dads](https://healthyfamilies.beyondblue.org.au/pregnancy-and-new-parents/dadvice-for-new-dads) - https://healthyfamilies.beyondblue.org.au/pregnancy-and-new-parents/dadvice-for-new-dads  [Men's Line Australia](https://mensline.org.au/) - https://mensline.org.au/  [Beyond Blue](https://www.beyondblue.org.au/who-does-it-affect/men) - https://www.beyondblue.org.au/who-does-it-affect/men  [How is Dad going?](https://www.panda.org.au/info-support/how-is-dad-going) - https://www.panda.org.au/info-support/how-is-dad-going  [Tweedle - Parent Resources](https://www.tweddle.org.au/our-work/parent-info-hub/) - https://www.tweddle.org.au/our-work/parent-info-hub/ |
| Breastfeeding Information for fathers | [Especially for partners](https://www.breastfeeding.asn.au/bf-info/general-breastfeeding-information/especially-partners) - https://www.breastfeeding.asn.au/bf-info/general-breastfeeding-information/especially-partners  [We're in this together... the breastfeeding partnership](https://www.breastfeeding.asn.au/bfinfo/we%E2%80%99re-together-%E2%80%A6-breastfeeding-partnership) - https://www.breastfeeding.asn.au/bfinfo/we%E2%80%99re-together-%E2%80%A6-breastfeeding-partnership |
| Family Violence Support and Services | [No To Violence Men's Referral Service](https://ntv.org.au/) - https://ntv.org.au/  [Men's Behaviour Change Program](https://www.relationshipsvictoria.com.au/services/familyviolence/MBCP/) - https://www.relationshipsvictoria.com.au/services/familyviolence/MBCP/ |
| Books | Men at Birth - edited by David Vernon  The Dad Factor - by Richard Fletcher  What Happens Now? - by Nick Carr |

