



Maternal and Child Health New Parents Group

New Parents Group give you the opportunity to meet other parents, form new friendships, share ideas and discuss issues that are common to all new parents.

The **FREE** sessions are delivered by a Maternal and Child Health group facilitator and other guest speakers

Each week there is a new topic covered. Learn about important health and development topics that involve yourself and your new baby.

New Parents Group is running for 6 weeks at various locations across Moira Shire.

Partners are also welcome to attend any or all the sessions.

Please contact Maternal and Child Health on 03 5871 9275 if you have any questions.

