



Breastfeeding Support

**Your breastfeeding journey is unique.
We offer extra support and care for you
to have a positive experience.
Our service is free.**

We can help with all aspects of breastfeeding, including attachment concerns, sore/damaged nipples, your milk supply, mastitis, formula feeding and weaning.

WHERE

Numurkah Maternal Child and Health Centre
38B McCaskill Street, Numurkah

WHEN

Wednesdays via appointment
(excluding public holidays)

WHO

A lactation consultant or MCH Nurse
with extra experience with breastfeeding

WHAT TO EXPECT

You will have an opportunity for a nurse to observe your baby feeding, listen to your story, offer suggestions and work with you to help achieve your breastfeeding goals.

For more information or to book an appointment call Maternal Child and Health on 5871 9275 or email mch@moira.vic.gov.au