

# Community Newsletter – Hume Region

Friday 4<sup>th</sup> November, 7am

## FLOOD RELIEF HOTLINE 1800 560 760

### Current Situation

Small increases in some river heights, due to scattered rainfall in the past few days are becoming apparent. Continued releases from Eildon and Hume dams, combined with existing flood waters, will slow the reduction of water levels across the Goulburn and Murray systems.

No significant rainfall is expected for the next 4 or 5 days across the Northeast of the state. Please be aware that streams and rivers may rise quickly even with small amounts of rain due to saturated catchments.

#### **GOULBURN RIVER:**

Moderate flooding is occurring downstream of Lake Eildon and at Trawool and Seymour. Moderate flooding may occur between Seymour and Shepparton. Goulburn River at Shepparton may reach 10.7m overnight Thursday into Friday

#### **MURRAY RIVER**

Moderate flooding is occurring at Albury and Corowa.

Moderate flooding is likely at Yarrawonga and Tocumwal.

Please be aware of trees falling unexpectedly. Their roots are sodden making them very unstable. Never park or take shelter under a tree when it's windy.

Parks, hiking tracks and campgrounds may be closed due to flooding. To find out more go to [www.parkweb.vic.gov.au/safety/flood-affected-parks](http://www.parkweb.vic.gov.au/safety/flood-affected-parks)

### **Should you remain isolated or cut off and require food or medical supplies please call SES 132 500**

Refer to the SES website for information on flood preparedness <https://www.ses.vic.gov.au/>

### Relief and Recovery

#### **Shepparton Relief Centre:**

Show grounds (Relief Centre).  
Cnr of Benalla Rd and Thomson St Shepparton.  
Operating 24 hours a day.  
Pets, caravans, campervans, trailers & tents all accepted.  
Health services available on site: First Aid, Doctor, Nurse,  
Mental Health and access to medication.

#### **Nathalia Relief Centre:**

Community Centre 42 Robertson St, Nathalia  
(Relief Centre)  
9.00am - 5.00pm daily. A/H Ph: 0497 717 147

#### **Shepparton Recovery Centre:**

Senior Citizens Centre  
132 Welsford Street  
Shepparton  
Operating Hours:  
M, Tu, W, F 10am - 4pm  
Thurs 12pm – 6pm

### Community meetings:

**Barmah and Lower Moira**  
**Saturday 5 November, 11am**  
**Barmah Community Hall**  
**Schier Street, Barmah**

### Disaster relief payments

#### **Personal Hardship Support.**

<https://services.dffh.vic.gov.au/personal-hardship-assistance-program>

### Multicultural Communities

#### **Translating and Interpreting Service 131 450 (free call).**

Ask them to call VicEmergency Hotline.

#### **National Relay Service 1800 555 677 (free call).**

Ask them to call the VicEmergency Hotline.

#### **Translated Health Information Fact Sheet**

[www.healthtranslations.vic.gov.au/resources/after-a-flood-returning-home-safely](http://www.healthtranslations.vic.gov.au/resources/after-a-flood-returning-home-safely)

### Stagnant Water

If you have concerns about the smell of black (stagnant) water or sewage leakage around your property, please contact the EPA (1300 372 842) or Goulburn Valley Water for assistance. Never eat fish caught from the flood water.

### Health Information

#### **Gastro**

In flood affected areas, there have been an increase in cases of gastro causing people to become unwell. To prevent Gastro, always wash your hands after going to toilet, before eating, preparing food or cleaning your teeth, etc.

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Health advice for flood related illness and injury.

<https://www.health.vic.gov.au/health-advisories/health-advice-for-flood-related-illness-and-injury>

### Mould Management

Flooding, excess moisture and pooled water can cause mould growth in your home. This may be a health risk to you and your family. When returning to your home after a flood, be aware of any visible mould or musty smell. High mould levels are likely if the house has been flooded for more than two days.

The following people should avoid being present during post-flood cleaning or repair works: children (under 12 years, particularly infants); pregnant women; people over 65 years of age; those with weakened immune systems, allergies, severe asthma or lung disease.

Assume your home is contaminated with mould when: it has been flooded for more than two days; you can see mould; there is water damage; there are strong, musty odours.

The more extensive the contamination, the greater the risk of exposure during clean-up. Consider using professional cleaners if the affected area is large. If you decide to remove the mould yourself, make sure there is good ventilation and wear protective clothing such as a shower cap, rubber gloves, eye protection, overalls, suitable footwear and a P1 or P2 face mask.

More information:

[After a flood: mould and your health](#)  
([healthtranslations.vic.gov.au](http://healthtranslations.vic.gov.au))  
[www.betterhealth.vic.gov.au](http://www.betterhealth.vic.gov.au)

### Mosquitos

Mosquitos do not breed in initial flood waters. As flood waters drop the water left behind for extended periods which does not move, is a perfect breeding ground for mosquitos. Mosquito-borne diseases are transmitted by mosquito bites. They cannot be transmitted from person-to-person.

Simple actions to prevent mosquito bites are the most important things you can do to reduce your risk of mosquito-borne diseases.

- Limit time outside especially at dusk and in the evening when lots of mosquitos are about
- Wearing mosquito repellent containing picaridin or DEET on all exposed skin. For kids and babies, apply repellent to their clothes, rather than their skin
- Covering up and wearing long loose-fitting clothing
- Using 'knockdown' fly spray, mosquito coils or plug-in repellent where you gather to sit or eat outdoors
- Removing any flying mosquitos from inside your house eg with fly spray

To reduce mosquitos around your home:

- Consider using a residual spray outdoors in areas where mosquitos rest
- Cut back long grass
- Empty unsealed pots, bird baths or tyres that can hold water
- Ensure your water tank is fully sealed

More information:

<https://www.betterhealth.vic.gov.au/health/healthyliving/mosquitoes-can-carry-diseases>

### Asbestos Warnings

If you have a house of age, please be wary of asbestos in your home. Asbestos may be uncovered by flood waters.

Please contact your local council for advice on management of asbestos in your home.

### Disposal of Used Sandbags

Please refer to your local council website for information regarding cleaning up after a flood, including disposal of used sandbags.

### Road closures and travelling in the area

Information **13 11 70** or the VicTraffic website  
[traffic.vicroads.vic.gov.au](http://traffic.vicroads.vic.gov.au)

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### Agriculture Victoria

A financial support package for farmers is available.

Visit- [agriculture.gvic.gov.au/floods](http://agriculture.gvic.gov.au/floods)

Phone: 1800 226 226



### Donations

Please only donate non-perishable food. **No prepared cooked food.** Furniture, toys and clothing items are to be donated to charity shops. [www.givit.org.au](http://www.givit.org.au)

### Health Information

Be aware that mosquito borne disease hazards are present so please cover up and use repellent.

### Mental Health and Family Violence

Nurse-on-Call on **1300 60 60 24** registered nurse, 24 hours a day, 7 days a week from anywhere in Victoria.

It is normal to have emotional or physical reactions following a distressing event. There is always help available through your doctor or local mental health professionals.

**Lifeline** - 131 114 **Beyond Blue** - 1300 224 636  
**MensLine** - 1300 789 978 **Kid's Help Line** - 1800 55 1800  
**Mental Health Hub** 1300 375 330

### Register. Find. Unite.

This service registers, finds and reunites family, friends and loved ones after an emergency. <https://register.redcross.org.au/>



**Australian Red Cross**

### Returning Home After A Flood



For information on actions to take when returning home from a flood and other relief information visit <https://www.emergency.vic.gov.au/relief>

### Emergency Recovery Victoria

Flood Recovery information and support for people and communities affected by floods. <https://www.vic.gov.au/october-2022-flood-recovery>



Ph: 03 5832 9700 (Mon – Fri, 9am – 4pm)  
Council services, assistance, flood Information  
[shepp.city/floods](http://shepp.city/floods)



Ph: 03 5871 9222 (Mon-Fri, 9am-5pm)  
Council Services, assistance, flood information  
[www.moirai.vic.gov.au/floods](http://www.moirai.vic.gov.au/floods)



Ph: 03 5734 6200 (Mon – Fri, 8:30am – 5pm)  
Council services, assistance, flood Information  
[mitchellshire.vic.gov.au/floods](http://mitchellshire.vic.gov.au/floods)



Ph: 03 5772 0333 (Mon – Fri 24hrs)  
Council services, assistance, flood Information  
[murrindindi.vic.gov.au](http://murrindindi.vic.gov.au)



**GOULBURN  
BROKEN**  
CATCHMENT  
MANAGEMENT  
AUTHORITY



Ph: 1800 065 993 (Mon – Fri, 9am – 5pm)  
services, assistance, flood Information  
<https://www.strathbogie.vic.gov.au/>



Ph: 03 5760 2600 (Mon – Fri, 8:30am – 5pm)  
Council services, assistance, flood Information  
[benalla.vic.gov.au/Emergency](http://benalla.vic.gov.au/Emergency)

