

How our community reduce food waste



Grow seasonal food & herbs
Plant stem of spring onions
Get kids involved in growing & cooking
Meal plan & only buy what we need

Started Food is Free Moira Shire
Preserve food
Vegetable stock from scraps
Share with friends and neighbours



Worm farm, chooks & home compost
'Use it up' shelf & leftover Tuesday
Stewed fruit, soups & casseroles
Store fruit & vegetables separately

Reduce lunchbox packages
Collect seeds
Drying fruit and vegetables
Freeze meal-sized portions



Shop local green grocers & butchers
Tupperware keeps food fresher for longer
Leftovers for lunch
Use what you already have

