

## Moira Shire Council proudly supports the Victorian Seniors Festival

We celebrate the incredible contributions our seniors make to the community every day!

This October, the Victorian Seniors
Festival returns with a fantastic lineup
of free and low cost entertainment and
events, celebrating seniors across the
state.

For more than 40 years, the festival has recognised the diverse contributions of older Victorians while encouraging active community participation.

This year's theme **Connect, Create, Celebrate** invites older Victorians to come together, discover new interests and celebrate.

Join us in celebrating our seniors and all they bring to Moira Shire!

This year, Moira Shire Council and the Department of Families, Fairness and Housing are proud to support Seniors Festival celebrations in residential aged care across Moira.

Highlights include the joyful 'Sunshine and Smiles' Seniors Picnic and lively performances from The Cobram River Rockers, sharing their fantastic rock and roll skills!

For more information

(03) 5871 9222 www.moira.vic.gov.au



**Event Guide** 1 - 31 October

Free Seniors Events throughout Moira Shire.









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**Bush BBQ Brotherhood** Launch event BER 11.30am Yarrawonga Mulwala CTO OTO **Community Learning** 

**Super Seniors** 

Nathalia Senior

Citizens Centre

Contact: 0400 328 285

10am - 2pm

Elvis

Bingo 12.30pm

Centre

Morning Tea with

Centre Contact: 5744 3911

**Bush BBQ Brotherhood** 

Yarrawonga Mulwala

**Community Learning** 

Contact: 5744 3911

Launch event

11.30am

Centre



**Morning Melodies** 

Nathalia Senior Citizens

Contact: 0400 328 285

(Michael Hogan)

10am - 1pm

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**Carpet Bowling** 1.30pm Seniors Afternoon Tea 3pm

Yarrawonga Senior Citizens Centre Contact:

yarraseniors@outlook.com



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Friday Craft 10am - 12pm Nathalia Senior Citizens Centre Contact: 0400 328 285

PS Cumberoona Lunch

Cruise

11.45am

\$45 per head

Yarrawonga Senior

\*Bookings essential -

contact 0419 995 387

Citizens Centre

**Chair Exercises** 

Yarrawonga Senior

yarraseniors@outlook.com

Citizens Centre

1pm - 2pm

Contact:

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Indoor Bowls 1.30pm Numurkah Senior Citizens Centre Contact: 5862 1019

Walk & Talk

**Morning Melodies** 

(George Farnham)

10am - 12pm

**Table Tennis** 

Indoor Bowls

Numurkah Senior

Contact: 5862 1019

Citizens Centre

1.30pm

1.30pm

9am

Cards

10am

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**Strength Training** 

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9am - 10am Billiards/Snooker 1pm Crib & Scrabble 1pm

Line Dancing 1.30pm

Numurkah Senior Citizens Centre

Contact: 5862 1019



**Knitters** 10am - 2pm

Yarrawonga Senior Citizens Centre

Contact: yarraseniors@outlook.com

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Afternoon 1pm **Tungamah Bowling Club** 

Nathalia Senior Citizens

Contact: 0400 328 235

**Seniors Celebration** 

Contact: 0428 433 112

**Celebrating Cobram** Seniors 11am **Cobram Community** 

House \*Bookings essentail contact: 5872 2224



Billiards/Snooker 1pm

Cards 1pm & 7.30pm

6.30pm

Centre



Strength Training 9am - 10am

Bingo 1.30pm - 3.30pm

Line Dancing 6.30pm

Billiards/Snooker 7.30pm

Numurkah Senior Citizens Centre Contact: 5862 1019 TOBER Ŏ 0

Dementia Australia and FamilyCare - Introducion to Dementia

10.30am - 12pm Followed by a light lunch

**Cobram Senior Citizens** Centre

\*Bookings essential - contact Moira Shire Council 5871 9222



Bingo 12.30pm

> **Nathalia Senior Citizens** Centre

Contact: 0400 328 285



Seniors Lunch 2025 12pm - 2pm

**Nathalia Community** House

Contact: 5866 2449



Carpet Bowling 1.30pm yarraseniors@outlook.com CTOBER

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